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First U.S. naval officer to earn his submarine qualifications with a prosthetic leg reveals his inspirational journey

A peace came into me that I can only explain today as the first time God touched my life.... I knew He would catch me if I fell—excerpt from My Decision to Live

Washington, DC—After miraculously surviving a horrific accident that severed both of his legs, causing him to permanently lose his right foot, U.S. Navy submarine officer Nader Elguindi could have decided to sign the retirement papers offered to him. In fact, the nuclear engineering program that Nader was a part of was so restrictive, many thought it would be impossible for him to stay on active duty. But, as Nader reveals in his inspirational new release, *My Decision to Live*, he defied the odds—by focusing on God’s strength and continuing his quest to earn his submarine qualifications (the coveted Dolphins) and becoming the first officer with a prosthetic to do so. Nader explains: “I knew that earning my Dolphins would finally make me whole. And that feeling would stay with me for the rest of my life.”

However, despite Nader’s unparalleled achievement, the Physical Evaluation Board determined he was unfit to continue serving on active duty. Discouraged but not deterred, Nader began his own information technology company from nothing but his personal savings. Nader’s story comes full circle ten years after his tragic accident, when he wins one of the largest small business contracts in history from the Office of Naval Research and gets to work again, at last, with his beloved Navy.

My Decision to Live illustrates:

- Nader’s rebellious youth—feeling like an outsider in the south because of his Middle Eastern heritage and ending up in jail at age sixteen and his journey back to God
- How love and support from friends and fellow sailors strengthened his resolve to not only return to service, but also to become the first officer to earn the Dolphins with a prosthetic leg
- His struggles in launching his own company—and how lessons learned in the Navy helped him prevail

Today Nader runs a multi-million dollar consulting firm, serves as a peer volunteer at Walter Reed Medical Center, and is a motivational speaker before sold-out crowds.

ALL PROCEEDS FROM MY DECISION TO LIVE WILL GO TO SUPPORT THE BRAVE MEN AND WOMEN RECOVERING AT WALTER REED ARMY MEDICAL CENTER

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For more information on *My Decision to Live*, or to schedule an interview, please contact Kristen Schremp at Kristen@kaspublicity.com or (703) 928-5527